



## International Association of Professional Life Coaches™ *IAPLC 30-Day Action Guide - \_\_\_\_\_ (Month, Year)*

<b>30-Day Goal (Must be doable in 30 days)</b>	
<b>Identify Actions in Business Categories (feel free to edit categories for your business)</b>	Operations: Lead Generation: Sales: Product Development: Implementation: Marketing: Client Care:
<b>Create a weekly action list</b>	Week 1: ➤  Week 2: ➤  Week 3: ➤  Week 4: ➤
<b>Address lower energies</b> What beliefs are not serving?	➤
<b>Role of the Universe</b> Ask for inner help	➤
<b>ID solutions you may need help with.</b> Ask for outer help	➤
<b>90 Day Goals</b> – the bigger picture	➤